



Lesson 2.1 Understanding yourself better & Effective self-introduction

BY LINA WANG

Learning Activities

- 1) On Mid-term exam (Performance & analysis)
- 2) Review of Lesson 1.18, Quiz 1.18 & **Figure of speech practice**
- 3) Understanding yourself better & Effective self-introduction
- 4) Learn & Game
- 5) Homework



On Mid-term exam

- ▶ Performance
- ▶ Analysis

Review of Lesson 1.18

- ▶ Review of Lesson 1.18 –Chinese vs English: Figures of Speech
- ▶ Quiz 1.18
- ▶ **Figure of speech practice**

Quiz 1.18

Figure of speech practice

Section 2

- ▶ As shines the moon in clouded skies. She in her poor attire was seen.
- ▶ The city's voice itself is soft like solitude's.
- ▶ Hope is the poor man's bread.
- ▶ We are the voices of the wandering wind.
- ▶ Death lays his icy hands on kings.
- ▶ The daisy smiled at the morning sun.
- ▶ O, Julius Caesar! Thou art mighty yet.

1. Simile
2. Simile
3. Metaphor
4. Metaphor
5. Personification
6. Personification
7. Apostrophe

Figure of speech practice

Section 3

- ▶ O world! Oh, Life! O Time! On Whose last steps I climb.
- ▶ Why, man, if the river were dry I am able to fill it with tears.
- ▶ James, I was the wisest fool.
- ▶ But patient, to prevent That murmur, soon replies
- ▶ I hear lake water lapping with low sounds by the shore.
- ▶ So like a shattered column lay the king?
- ▶ I wandered lonely as a cloud.

1. Apostrophe
2. Hyperbole
3. Oxymoron
4. Onomatopoeia
5. Onomatopoeia
6. Simile
7. Simile

Figure of speech practice

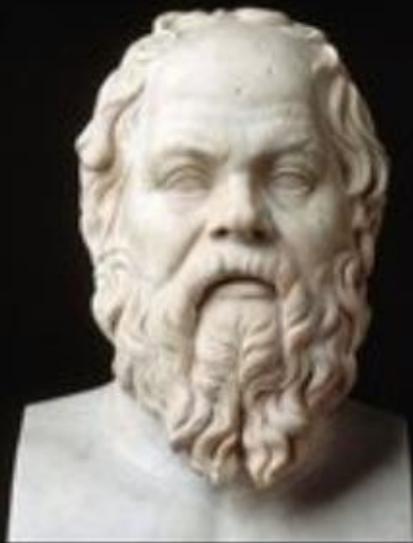
Section 4

- ▶ The murmurous haunt of flies on summer eves.
- ▶ It droppeth as the gentle rain from heaven.
- ▶ We are all like swimmers on the sea of life.
- ▶ I see a lily on thy brow.
- ▶ He is the pillar of the state.
- ▶ Let not ambition mock their useful toil.
- ▶ It is the tree's lament, an eerie speech, That haply to the unknown land may reach.

1. Onomatopoeia
2. Simile
3. Simile
4. Metaphor
5. Metaphor
6. Personification
7. Personification



Understanding yourself better & Effective self-introduction



To know thyself is the beginning
of wisdom.

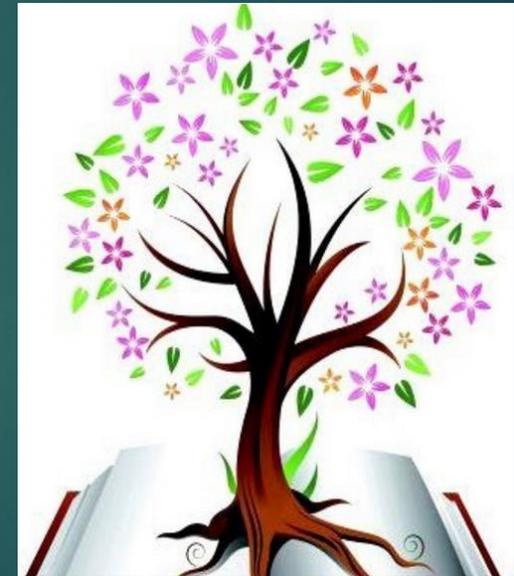
~ Socrates



Discussion:

- ▶ Do you know your own strengths and weaknesses? Have you ever done any personality test before?
- ▶ What are you mostly good at? What are your passions? What are your career goals?
- ▶ How could we understand ourselves better?

<https://psychcentral.com/health/ways-to-get-to-know-yourself-better#tips> How to learn more about yourself



Personality tests

- ▶ VIA Character Strengths Survey
- ▶ 16 personalities survey
- ▶ TypeFocus survey
- ▶ MBTI Personality Test free

▶ **Samples**



My Personality Test

<https://www.my-personality-test.com> › free › myersbriggstype

MBTI Personality Test Free

100% **Free** with Instant Results — Gain Valuable Understanding into how you make adjustments according circumstances at hand

[INFJ](#) · [ISTP](#) · [INFP](#) · [Big Five Personality Test](#) · [INTJ](#) · [ENFP](#)

How do I Understand Myself?

- ▶ <https://www.facebook.com/drjordanpeterson/videos/how-do-i-understand-myself/806127700116979/> by **Dr Jordan B Peterson**

Self-introduction in an interview

- ▶ What are you supposed to do before an interview?
- ▶ What are you supposed to do during an interview?
- ▶ What are you expected to do after an interview?
- ▶ What are expected to cover in your self-introduction? How do you introduce yourself effectively in an interview?

How to Introduce Yourself in an Interview

- ▶ **Step 1:** Greet Your Interviewers
- ▶ **Step 2:** Let Your Interviewers Know About Your Educational Background, Qualifications, and Work experience – **Connect your experiences to the role**
- ▶ **Step 3:** A Line or Two on Your Passions and Hobbies, Values, & Future plans – **Showcase your willingness to learn and grow; Demonstrate your alignment with the company**
- ▶ **Step 4:** The Vital Closing Statement – Conclude with a positive note

Samples - sentences:

- ▶ **Sample 1:** "Hello, I am [Name], and I am delighted to be here today. I appreciate the opportunity to discuss my qualifications for the [Position/Job Title] role."
- ▶ **Sample 2:** "I am passionate about [Field] and am driven to excel in this industry. My experience in [Skills/Qualifications] has equipped me with the necessary tools to be an asset to this company."
- ▶ **Sample 3:** "I share the company's values of [Goal/Value] and am eager to be a part of a team that shares my commitment to making a positive impact in the industry."
- ▶ **Sample 4:** "Based on my qualifications and experience, I am confident that I am an excellent candidate for this position. I am eager to learn more about the company's vision and goals and how I can contribute to its success."

Samples

- ▶ Hi, my name is Emma William. I have completed in Biotechnology ... I performed my dissertation on bacterial fermentation, where I solely performed all the experiments under my supervisor's guidance. I grasped the learned techniques well and want to further strengthen my knowledge and skills. Considering this, I want to apply for the ... position.
- ▶ <https://www.youtube.com/watch?v=RmlipP9UKpA> VIDEO INTRODUCTION
- ▶ https://www.youtube.com/watch?v=0_6AK52kSVQ Example Video - Introduction Video for Applications
- ▶ <https://www.youtube.com/watch?v=LOS5WB75gkY> How to Give a 60 Second Self-Introduction Presentation

Prepare a 60-second self-introduction

- ▶ **Step 1:** Greet Your Interviewers
- ▶ **Step 2:** Your Educational Background, Qualifications, and Work experience – **Connect your experiences to the role**
- ▶ **Step 3:** A Line or Two on Your Passions and Hobbies, Values, & Future plans – **Showcase your willingness to learn and grow; Demonstrate your alignment with the company**
- ▶ **Step 4:** The Vital Closing Statement – Conclude with a positive note

Homework

1. Writing

- ▶ **Topic: ... (Your name) in 5 years (Vision of yourself in 5 years from now – your education, career, family, and friends, etc.)**