Best Jobs For Every Personality

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The Best Jobs For Every Personality Type

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Does your job fit your personality?

The Myers-Briggs Type Indicator (MBTI) personality test, which measures preferences like introversion and extroversion, has been part of business culture for decades. Today about 80% of the Fortune 500 and 89 of Fortune 100 companies use it to analyze the personalities of employees, in an effort to get them in the right roles and help them succeed.

To determine five of the best jobs for every personality, we consulted one of the most popular personality guides, "Do What You Are: Discover the Perfect Career for You Through the Secrets of Personality Type," which is now in its fifth edition and has sold over a million copies, according to its publisher, Hachette Book Group. The book is not affiliated with CPP, the company that is the exclusive publisher of the MBTI instrument.

We also talked to one of its authors, Paul Tieger. As the CEO of SpeedReading People LLC, Tieger has spent 30 years advising companies and people on how personality types can help teams work together.

While the list below is in no way definitive — and personality preferences can be flexible over time — it may serve as a helpful guide for understanding yourself and what sort of personalities gravitate toward certain jobs.

Figure out which type suits you best, and then check out the chart below.

THE BEST JOBS FOR EVERY PERSONALITY TYPE

We consulted the book "Do What You Are" and one of its authors, Paul Tieger, to determine five of the best jobs for each type of personality.

INTERACTION WITH WORLD

INTROVERTS often like working alone or in small groups, prefer a more deliberate pace, and like to focus on one task at a time.

EXTROVERTS are energized by people, enjoy a variety of tasks, a quick pace, and are good at multitasking.

ABSORPTION OF INFORMATION

SENSORS are realistic people who like to focus on the facts and details, and apply common sense and past experience to come up with practical solutions to problems.

INTUITIVES prefer to focus on possibilities and the big picture, easily see patterns, value innovation, and seek creative solutions to problems.

DECISION-MAKING

THINKERS tend to make decisions using logical analysis, objectively weigh pros and cons, and value honesty, consistency, and fairness.

FEELERS tend to be sensitive and cooperative, and decide based on their own personal values and how others will be affected by their actions.

ORGANIZATION

JUDGERS tend to be organized and prepared, like to make and stick to plans, and are comfortable following most rules.

PERCEIVERS prefer to keep their options open, like to be able to act spontaneously, and like to be flexible with making plans.

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Realists who are quick to make practical decisions.

- 1. Insurance sales agent
- 2. Pharmacist
- 3. Lawver
- 4. Project manager
- 5. Judge



responsibilities and commitments

1. Auditor

- 3. Chief financial officer
- 4. Web development engineer
- 5. Government employee

Gregarious traditionalists motivated

- 1. Sales representative
- 2. Nurse/Healthcare worker
- 3. Social worker

to help others.

- 4. PR account executive
- 5. Loan officer

Modest and determined workers who enjoy helping others.

- 1. Dentist
- 2. Elementary school teacher
- 3. Librarian
- 4. Franchise owner
- 5. Customer service representative

E S T P

Pragmatists who love excitement and excel in a crisis.

- 1. Detective
- 2. Banker
- 3. Investor
- 4. Entertainment agent
- 5. Sports coach

I S T P

Straightforward and honest people who prefer action to conversation.

- 1. Civil engineer
- 2. Economist
- 3. Pilot
- 4. Data communications analyst
- 5. Emergency room physician

Lively and playful people who value

- 1. Child welfare counselor
- 2. Primary care physician
- 3. Actor
- 4. Interior designer
- 5. Environmental scientist

Warm and sensitive types who like to help people in tangible ways.

- 1. Fashion designer
- 2. Physical therapist
- 3. Massage therapist
- 4. Landscape architect
- 5. Storekeeper

Natural leaders who are logical,

Natural leaders who are logical, analytical, and good strategic planners.

- 1. Executive
- 2. Lawyer
- 3. Market research analyst
- 4. Management/Business consultant
- 5. Venture capitalist

Creative perfectionists who prefer to do things their own way.

- 1. Investment banker
- 2. Personal financial adviser
- 3. Software developer
- 4. Economist 5. Executive

People-lovers who are energetic,

- articulate, and diplomatic.

 1. Advertising executive
- 2. Public relations specialist
- 3. Corporate coach/Trainer
- 4. Sales manager
- 5. Employment specialist/HR professional

Thoughtful, creative people driven by

- firm principles and personal integrity.
- 1. Therapist/Mental health counselor
 2. Social worker
- 3. HR diversity manager
- 4. Organizational development consultant
- 5. Customer relations manager

E N T F

Enterprising creative people who enjoy new challenges.

- 1. Entrepreneur
- 2. Real estate developer
- 3. Advertising creative director
- 4. Marketing director
- 5. Politician/Political consultant

N T F

Independent and creative problem-solvers.

- 1. Computer programmer/Software designer
- 2. Financial analyst
- 3. Architect
- 4. College professor
- 5. Economist

E N F P

Curious and confident creative types who see possibilities everywhere.

- 1. Journalist
- 2. Advertising creative director
- 3. Consultant
- 4. Restaurateur
- 5. Event planner



- Sensitive idealists motivated by their deeper personal values.
- 1. Graphic designer
- 2. Psychologist/Therapist

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- 3. Writer/Editor
- 4. Physical therapist
- 5. HR development trainer

Source: "Do What You Are: Discover the Perfect Career for You Through the Secrets of Personality Type" by Paul D. Tieger, Barbara Barron, and Kelly Tieger

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