

Class Activity: Case study of different TDEE (AS assessment=10 marks)

❑ Group 1 (Breakout room#1):

Case study 1:

Name: Sara

Sex: F

Age: 25

Height: 164 cm

Weight: 60kg

Profession: High school online Teacher

❑ Group 2 (Breakout room#2):

Case study 2

Name: Fiona

Sex: F

Age: 13

Height: 158 cm

Weight: 45kg

Profession: student: Grade 8 (she is a cheer leader in her school sport group)

❏ Group 3 (Breakout room#3):

Case study 3

Name: Robert

Sex: M

Age: 45

Height: 170 cm

Weight: 75kg

Profession: Project manager at XYZ Engineers' LTD (He loves to play tennis and Golf at his spare time)

❏ Group 4 (Breakout room#4):

Case study 4

Name: Kelly

Sex: F

Age: 32

Height: 158 cm

Weight: 65kg

Profession: Freelancer (has a 2 year old child; she is expecting another baby (5 month pregnancy))