**Name: Date:** Friday, June 27, 2022

**Teacher: Course:**

Fauzia Akhter

Nutrition and Health, Grade 12, University Preparation, Students will be able to apply the key concepts learned in Units 1-4

Culminating Project-‘Six –by-Six Performance Task’

Students will be able to apply the key concepts learned in Units 1-4 by using 6 balanced recipes to explain the different nutritional & health concepts & issues in the course in a well-researched performance oral presentation or comprehensive essay.

**Expectations**

**Expectations:** A1, A2, A4, B1, B2, B3, B4, C1, C2, C3, D2, D3, E2, E3, A1.1, A1.2, A2.1, A2.2, A3.2, A3.3, A3.4, A3.5, A4.1, A4.2, A4.3, B1.1, B1.3, B2.5, B3.1, B3.2, B4.4, D1.2, D1.3

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| --- | --- | --- | --- | --- |
| **Criteria** | **1** | **2** | **3** | **4** |
| **Knowledge and Understanding** |  |  |  |  |
| Students will demonstrate understanding of scientific principles used for food preparation; |  |  |  |  |
| Demonstrate understanding of the nutrients provided by foods listed in food guides; |  |  |  |  |
| Describe ways of preparing/storing of foods to provide maximum nutrient retention; using APA format; |  |  |  |  |
| Document sources accurately with proper references in all aspects of the report. |  |  |  |  |
| Use correct terminology or health phrases & vocabulary…. |  |  |  |  |
| **Thinking** |  |  |  |  |
| Students will be able to analyse concepts providing details; |  |  |  |  |
| Describe key concepts in an organized manner |  |  |  |  |
| Design a food product |  |  |  |  |
| Evaluate the results of your meal planning |  |  |  |  |
| Investigate and report on trends that may affect eating habits in the future |  |  |  |  |
| **Communication** |  |  |  |  |
| Students will be able to communicate information accurately; |  |  |  |  |
| Communicate information clearly; |  |  |  |  |
| Communicate information effectively; |  |  |  |  |
| Communicate information using an appropriate essay or presentation APA format |  |  |  |  |
| Plan menus for the availability of seasonal foods |  |  |  |  |
| Summarize research material |  |  |  |  |
| **Application** |  |  |  |  |
| Students will be able to compile information from a variety of primary and secondary sources; |  |  |  |  |
| Draw comparisons among different foods; |  |  |  |  |
| Evaluate information to reach conclusions; |  |  |  |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Prepare a menu using some new food products or recipes; |  |  |  |  |
| Use available resources to plan a healthy menu. |  |  |  |  |
| **Comments:** |  |  |  |  |

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