




Traditional Clothing from Around the World

ESLDO - Unit 3



Why do some countries have traditional clothes?

Traditional clothing has played and still plays an important symbolic role in the preservation of national values and cultural heritage and in the creation of a feeling of unity of the people. National costumes are not always worn in daily life but might be brought out for folk festivals, weddings, harvest festivals, and other special occasions.

Some people from the following countries still prefer wearing their traditional clothing daily. Find out some places that still wear their country's traditional clothes and why!

INDIA

Sarees and Dhotis. The most common and popular Indian attire is saris for the ladies and dhotis for the men.

The breezy and lightweight nature of these traditional clothes are extremely popular due to their free-flowing nature. This is especially helpful in the often hot tropical climate of the country.





BHUTAN

The Bhutanese dresses, Gho for men and Kira for women, are extremely popular in the country.

Many individuals still prefer wearing these traditional clothes on a daily basis, as they're made from thick woollen materials which are helpful in the cold and windy environment.

UNITED STATES

The United States has several cultures that still prefer wearing their traditional outfits to date. These cultures have flourished over the past couple of years despite the generic wave of modernization that's taken over the country over the past couple of years.

However, this doesn't mean that traditional cultures do not thrive in the country. In fact, it is the opposite! The traditional cowboy attire is still worn by men, women, as well as little boys and girls regularly in various countryside states of the U.S. The country also celebrates the traditional attires from Dutch, Amish, and German cultures.





JAPAN

The Japanese Kimono dresses are some of the most popular traditional clothes around the world. Japanese culture focuses on minimalism, continuous improvement, and simplicity. These elements are reflected well in their traditional attires too.

As one of the most popular and traditional dresses around the world, Kimonos are extremely comfortable and easy on the skin. Japanese people use these traditional dresses both as formal attires as well as for normal day to day use.

KENYA

The traditional clothes of Kenya usually appear as comfortable one-piece dresses. The hot tropical climate of the continent hasn't allowed the people of Africa to conduct a lot of experimentation with their dresses over the years.

One unique thing about Kenyan dresses is that they are extremely colourful and regal in their design.

