

What's your idea of happiness?

Making soup.

# 7B Being happy

## 1 GRAMMAR uses of the gerund

- a Talk to a partner. Is there a book, a movie, or a song that makes you feel happy whenever you read, watch, or listen to it? What is it? Why does it make you feel happy?
- b Read a magazine article where different people on the magazine's staff say what happiness is for them. Who do you think said what? Match the people to the paragraphs.



**A**  
**Tasha,**  
*fashion editor*



**B**  
**Regina,**  
*health editor*



**C**  
**Sebastian,**  
*music editor*



**D**  
**Kate,**  
*movie editor*

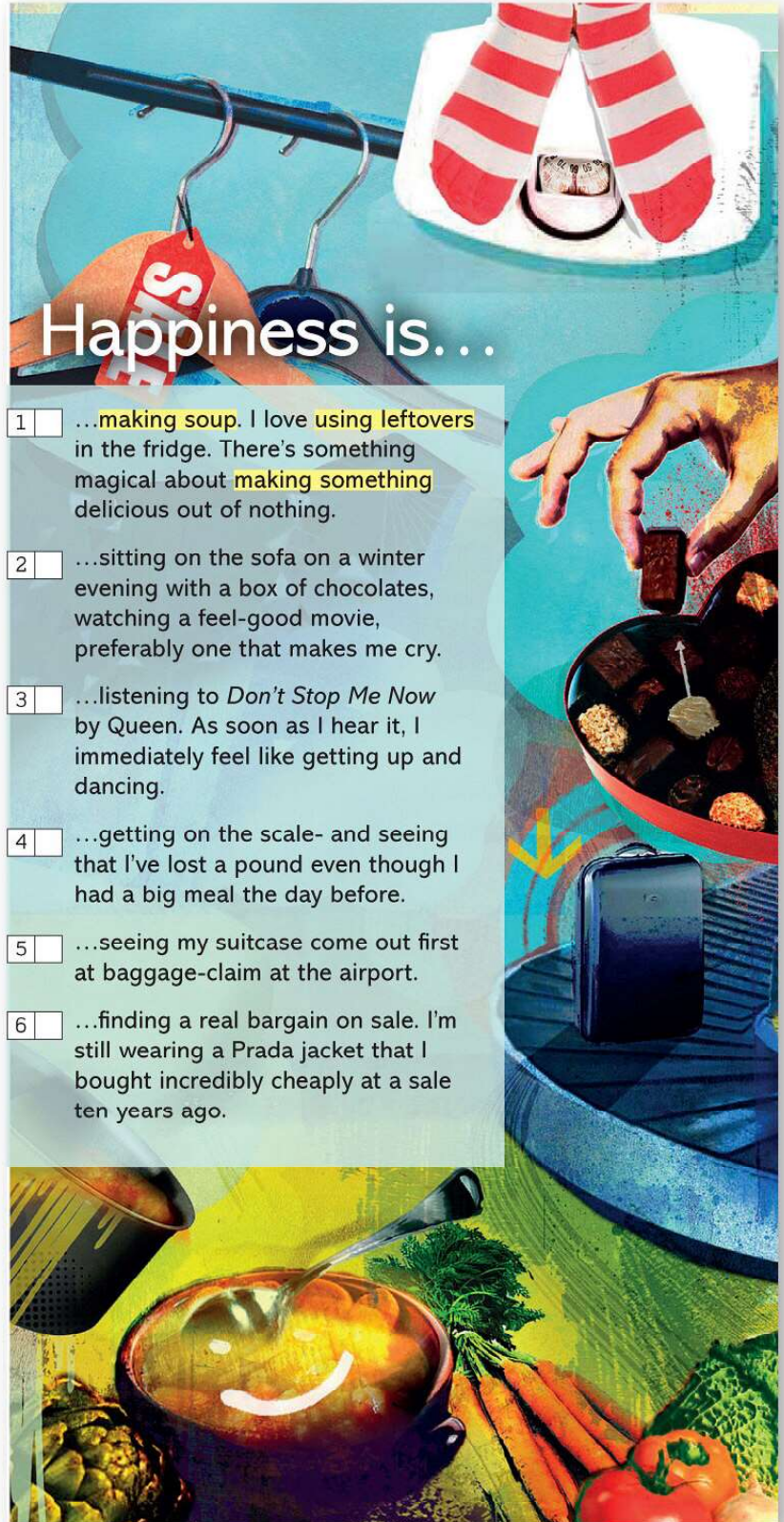


**E**  
**Marco,**  
*food editor*



**F**  
**Andrew,**  
*travel editor*

- c Read the article again. Is there anybody you really agree/don't agree with? Compare with a partner.
- d Look at the **highlighted** phrases in the first paragraph. Find an example of a gerund (verb + -ing):
  - 1 after another verb \_\_\_\_\_
  - 2 after a preposition \_\_\_\_\_
  - 3 used as a noun \_\_\_\_\_
- e ➤ **p.138 Grammar Bank 7B.** Learn more about the uses of the gerund and practice them.
- f Write your own continuation for *Happiness is...*
- g Work in groups of four. Read the other students' texts. Do you agree with their ideas of happiness?



## Happiness is...

- 1  ...**making soup**. I love **using leftovers** in the fridge. There's something magical about **making something** delicious out of nothing.
- 2  ...sitting on the sofa on a winter evening with a box of chocolates, watching a feel-good movie, preferably one that makes me cry.
- 3  ...listening to *Don't Stop Me Now* by Queen. As soon as I hear it, I immediately feel like getting up and dancing.
- 4  ...getting on the scale- and seeing that I've lost a pound even though I had a big meal the day before.
- 5  ...seeing my suitcase come out first at baggage-claim at the airport.
- 6  ...finding a real bargain on sale. I'm still wearing a Prada jacket that I bought incredibly cheaply at a sale ten years ago.

## 2 VOCABULARY & SPEAKING

verbs + gerund

- a** ► **p.158 Vocabulary Bank** *Verb forms.*  
Do part 2 (Verbs + gerund).
- b** Choose five things to talk about from the list below.

### Something...

- you **don't mind doing** around the house
- you **like doing** with your family
- you **love doing** in the summer
- you **don't feel like doing** on weekends
- you **spend too much time doing**
- you **dream of doing**
- you **hate doing** at work / school
- you **don't like doing** alone
- you are **thinking of doing** this weekend
- you think you are **very good (or very bad) at doing**

- c** Work in pairs. **A** tell **B** about the five things. Say why. **B** ask for more information. Then change roles.

## 3 PRONUNCIATION the letter i

- a** Put the one-syllable words below into the right column.

find give high kind like milk  
mind miss night right sit skin  
thin time which win with

|   |   |  |  |
|---|---|--|--|
| <br>fish | <br>bike |  |  |
|---|---|--|--|

- b** (330)) Listen and check. Then look at the words in each column. What rules can you see for the pronunciation of...
- *i* + consonant + *e* (but which word is an exception?)
  - *ind* and *igh*
  - *i* between other consonants

- c** (331)) Listen and check. Practice saying the sentences.

I miss spending time with my sister.  
I like drinking a glass of milk at night.

## 4 SPEAKING & LISTENING

- a** Ask and answer with a partner.

- 1 When you are happy do you sometimes feel like singing?
- 2 Do you ever sing...?
  - in the shower
  - in the car
  - while you're listening to music, e.g., on an iPod
  - karaoke
  - in a choir or band
- 3 Is there a particular singer whose songs you like singing? Do you have a favorite song?

- b** In pairs, say if you think sentences 1–7 are **T** (true) or **F** (false).

- 1 Singing is good for your health.
- 2 If you want to sing well, you need to learn to breathe correctly.
- 3 People who sing are usually heavier than people who don't.
- 4 Not everybody can learn to sing.
- 5 You need to know how to read music to be able to sing well.
- 6 If you make a surprised face, you can sing high notes better.
- 7 It takes years to learn to sing better.

- c** (332)) Now listen to an interview with the director of a singing school and a student who took a class there. Were you right?

- d** Listen again. Choose the right answer.

- 1 When you are learning to sing, you need to \_\_\_\_ correctly.
  - a stand
  - b dress
  - c eat
- 2 Singing well is 95% \_\_\_\_\_.
  - a repeating
  - b listening
  - c breathing
- 3 Molly's class lasted \_\_\_\_\_.
  - a one day
  - b one week
  - c one month
- 4 Molly has always \_\_\_\_\_.
  - a been good at singing
  - b been in a choir
  - c liked singing
- 5 At first, the students learned to \_\_\_\_\_.
  - a breathe and sing
  - b listen and breathe
  - c listen and sing
- 6 At the end of the day, they could sing \_\_\_\_\_.
  - a perfectly
  - b much better
  - c a little better

- e** Would you like to learn to sing (better)? Are there any tips from the listening that you could use?

## 5 (333)) SONG Don't Stop Me Now 🎵

