

I turn on the radio.

# 11B Are you a morning person?

## 1 SPEAKING & READING

a Answer the questions with a partner.

- 1 What time do you wake up during the week?
- 2 Do you use an alarm clock to wake up? If not, what makes you wake up?
- 3 Do you get up immediately after you wake up?
- 4 When you first get up do you feel...?
  - a awful
  - b a little sleepy
  - c awake and energetic

b Read an interview with Sara Mohr-Pietsch. Match the questions and answers.

- A** Do you choose what you wear the night before?
- B** Do you have anything to eat before you go to work?
- C** Do you use an alarm clock to wake up?
- D** How do you feel when you wake up?
- E** How do you get to work?
- F** How does this affect your social life?
- G** What time do you get up when you're doing the show?
- H** What time do you go to bed when you're working the next day?
- I** Would you like to change your working hours?

c Cover the answers and look at the questions. With a partner remember her answers.

d Answer the questions with a partner.

- 1 Would you like to work the same hours as the radio host?
- 2 In general are you a morning or evening person?



**1** *What time do you get up when you're doing the show?*

I get up at 4:45 a.m. and leave the house at 5:20.

**2**

Yes. I usually set my radio alarm to come on at 4:30 so that I can wake up slowly as I listen to the world news. I set my phone alarm for 4:45 and leave it on the other side of the room so I have to get up to turn it off!

**3**

It depends – some mornings I feel rested and awake, but other mornings it's hard to get out of bed. It depends on the season. I find I need much more sleep in the winter.

**4**

If I'm slow to get up, then I wait until I'm in the studio before having breakfast, but most mornings I have a bowl of cereal before I leave the house.

**5**

That depends on the season, too. In the summer I usually wait until the morning to decide. But in the winter I often leave clothes out the night before so that I can stay in bed until the last minute!

**6**

A car picks me up at 5:20.

**7**

In the winter, any time between 8:30 and 9:30 p.m. In the summer, usually more like 9:00 to 10:00 p.m.

**8**

What social life? I certainly can't go out for a wild night during the week, but I'm lucky because a lot of my closest friends live near me, so I can see them in the evenings and still go to bed early.

**9**

Sometimes I think I would like to have more normal working hours, but I love my job so much that I'd never want to give it up. The buzz of being "live" on the radio early in the morning as people start their days is really wonderful.



## 2 VOCABULARY phrasal verbs

- a Look at some sentences from the interview. With a partner say what the **highlighted** phrases mean.

"I leave it on the other side of the room so I have to **get up to turn it off!**"

"A car **picks me up** at 5:20."

"I love my job so much that I'd never want to **give it up.**"

### Phrasal verbs

Wake up, get up, turn on / off, give up, etc., are common phrasal verbs (verbs with a preposition or adverb).

Sometimes the meaning of the two separate words can help you guess the meaning of the phrasal verb, e.g., *turn off*. Sometimes the meaning of the two words does not help you, e.g., *give up*.

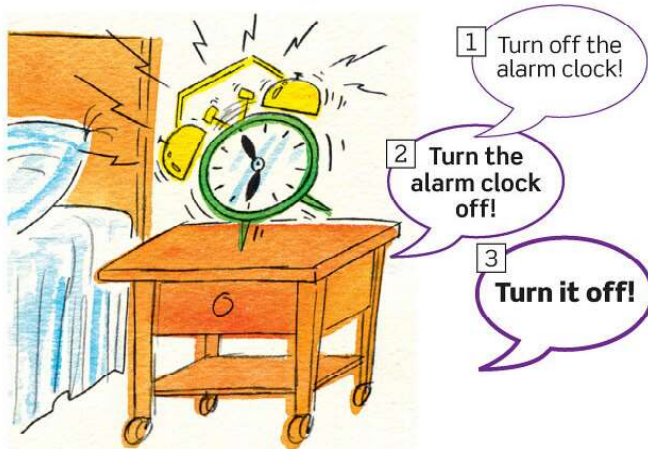
- b Read the information box. Can you think of a phrasal verb that means...?

- 1 to try to find something you have lost
- 2 to put on clothes in a store to see if they are the right size
- 3 to have a friendly relationship (with somebody)

- c ➤ p.163 Vocabulary Bank *Phrasal verbs*.

## 3 GRAMMAR word order of phrasal verbs

- a Look at the picture and underline the **object** of the phrasal verb in each sentence.



- b Complete the rules about separable phrasal verbs with *noun* or *pronoun*.

- 1 If the object of a phrasal verb is a \_\_\_\_\_, you can put it **after** the verb + *up, on, etc.*, **OR** **between** the verb and *up, on, etc.*
- 2 If the object of a phrasal verb is a \_\_\_\_\_, you **must** put it **between** the verb and *up, on, etc.*

- c ➤ p.146 Grammar Bank 11B. Learn more about the word order of phrasal verbs and practice it.

## 4 PRONUNCIATION linking

- a 5 4)) Listen and write the missing words.

- 1 There's a wet towel on the floor.  
Please \_\_\_\_\_.
- 2 I can't concentrate with that music on.  
Please \_\_\_\_\_.
- 3 If you don't know what the word means, \_\_\_\_\_.
- 4 Why have you taken your coat off? \_\_\_\_\_!
- 5 This book was very expensive. Please \_\_\_\_\_.
- 6 Why are you wearing your coat in here? \_\_\_\_\_!

- b Practice saying the sentences. Try to link the phrasal verbs and pronouns, e.g., pick it up.

## 5 SPEAKING

- Read the questions in the questionnaire and think about your answers.
- Work in pairs. Interview your partner with the questions.

## PHRASAL VERB QUESTIONNAIRE

- Have you ever forgotten to **turn** your cell phone **off** at a concert or the movies?
- Do you **throw away** old clothes or do you give them to other people?
- Do you enjoy **trying on** clothes when you go shopping?
- Do you often **go away** on the weekend? Where to?
- Before you go shopping, do you usually **write down** what you have to buy? Do you only buy what's on the list?
- Do you enjoy **looking after** small children? Why (not)?
- Have you ever asked your neighbors to **turn** the TV or the music **down**? What happened?
- What's the first thing you **turn on** after you **wake up** in the morning?

