Assignment #1 Expectations For Moodle

**Knowledge**

Level 1

Limited understanding of resilience and perseverance and their impact on school, career and life

Limited identification of a range of strategies useful for managing stress

Limited showing of work BEFORE posting for OF Learning progress mark

Level 2

Satisfactory identification of a range of strategies useful for managing stress

Satisfactory understanding of resilience and perseverance and their impact on school, career and life

Satisfactory showing of work BEFORE posting for OF Learning progress mark

Level 3

Good identification of a range of strategies useful for managing stress

Good understanding of resilience and perseverance and their impact on school, career and life

Good showing of work BEFORE posting for OF Learning progress mark

Level 4

Excellent identification of a range of strategies useful for managing stress

Excellent understanding of resilience and perseverance and their impact on school, career and life

Excellent showing of work BEFORE posting for OF Learning progress mark

**Thinking**

Level 1

Limited understanding of how resilience and perseverance can help you in all areas of your life

Limited demonstration of how stress management strategies have been helpful in your life

Limited thinking of how to create an attractive oral and visual presentation

Limited showing of work BEFORE posting for OF Learning progress mark

Level 2

Satisfactory understanding of how resilience and perseverance can help you in all areas of your life

Satisfactory demonstration of how stress management strategies have been helpful in your life

Satisfactory thinking of how to create an attractive oral and visual presentation

Satisfactory showing of work BEFORE posting for OF Learning progress mark

Level 3

Good understanding of how resilience and perseverance can help you in all areas of your life

Good demonstration of how stress management strategies have been helpful in your life

Good thinking of how to create an attractive oral and visual presentation

Good showing of work BEFORE posting for OF Learning progress mark

Level 4

Excellent understanding of how resilience and perseverance can help you in all areas of your life

Excellent demonstration of how stress management strategies have been helpful in your life

Excellent thinking of how to create an attractive oral and visual presentation

Excellent showing of work BEFORE posting for OF Learning progress mark

**Communication**

Level 1

Limited communication of decision-making strategies and goal setting for education, career and life

Limited communication of personal growth and learning

Limited oral communication skills to express your education and career goals

Level 2

Satisfactory communication of decision-making strategies and goal setting for education, career and life

Satisfactory communication of personal growth and learning

Satisfactory oral communication skills to express your education and career goals

Level 3

Good communication of decision-making strategies and goal setting for education, career and life

Good communication of personal growth and learning

Good oral communication skills to express your education and career goals

Level 4

Excellent communication of decision-making strategies and goal setting for education, career and life

Excellent communication of personal growth and learning

Excellent communication skills to express your education and career goals

**Application**

Level 1

Limited analysis of how resilience and determination can apply and be useful to all areas of your life

Limited analysis of how you can apply stress management strategies to all areas of your life

Limited evaluation and analysis of your education and career goals based on your own personal growth and learning

Limited showing of work BEFORE posting for OF Learning progress mark

Level 2

Satisfactory analysis of how resilience and determination can apply and be useful to all areas of your life

Satisfactory analysis of how you can apply stress management strategies to all areas of your life

Satisfactory evaluation and analysis of your education and career goals based on your own personal growth and learning

Satisfactory showing of work BEFORE posting for OF Learning progress mark

Level 3

Good analysis of how resilience and determination can apply and be useful to all areas of your life

Good analysis of how you can apply stress management strategies to all areas of your life

Good evaluation and analysis of your education and career goals based on your own personal growth and learning

Good showing of work BEFORE posting for OF Learning progress mark

Level 4

Excellent analysis of how resilience and determination can apply and be useful to all areas of your life

Excellent analysis of how you can apply stress management strategies to all areas of your life

Excellent evaluation and analysis of your education and career goals based on your own personal growth and learning

Excellent showing of work BEFORE posting for OF Learning progress mark