

Daily Lesson Plan

Course Name: Health Care		Course Code: TPJ2O
Grade Level: 10	Duration: 3 hours	Lesson No: 2.6
Unit: 2 – Mental Health		Topic: Doctor in the House

Overall Expectations (<i>Directly from The Ontario Curriculum</i>)	
A2: Describe factors that affect personal health and well-being;	
Specific Expectations (<i>Directly from The Ontario Curriculum</i>)	
A2.8: explain how lifestyle choices can have an impact on an individual’s health and well-being (e.g., diet plan).	
Learning Skills (<i>Where applicable</i>):	
Independent Work – Students will self-study before and after class. Responsibility – Students must post their homework on the forums before class. Initiative – Students are encouraged to ask questions during the Q&A session. Collaboration – Students will work in groups for the final production activity. Self-Regulation – Students will do an exit card before class.	
Learning Goals (<i>What do I want the students to know and/or be able to do?</i>)	
Today you will: 1. Apply unit 1 learnings to a real family situation	
Success Criteria	
<i>(Based on the application, how will I know students have learned what I intended?) (Recording Devices: anecdotal record, checklist, rating scale, rubric)</i>	
By the end of class I can: 1. Give health suggestions to a real family with health problems	
Materials and Resources	
Video: https://www.youtube.com/watch?v=-QFJmsAo2Q4&ab_channel=Origin	
Lesson Structure and Activities	
Timing	Lesson

Independent Work Before Class	
90 minutes	<p><u>Lesson Note</u></p> <ul style="list-style-type: none"> • Work on Assignment 2
During Class	
5 minutes	<p><u>Announcements</u> Slide: Announcements</p> <ul style="list-style-type: none"> • Teacher will go over announcements related to the course.
70 minutes	<p><u>Group Production</u> Students will watch video.</p>
15 minutes	<p><u>Discussion</u></p> <ul style="list-style-type: none"> • Students will share their biggest learnings from the video.
5 minutes	<p><u>Homework Assignment</u> Slide: Independent Work for Next Lesson</p> <ul style="list-style-type: none"> • Teacher will assign the independent work for next lesson
Assignments / Homework	
<ol style="list-style-type: none"> 1. Do readings and answer the questions for next lesson 2. Post your notes on the homework forums 3. Do the glossary quiz 4. Do the exit card 	
Reflections	
<p><i>(What do I need to do to become more effective as a teacher in supporting student learning?)</i></p>	

The Erindale Academy Daily Lesson Plan Unit # and Lesson Plan

Assessment Strategies Check all that apply (<i>Teacher may modify the list</i>)		
For Learning	As Learning	Of Learning
<p style="text-align: center;">Student product:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Diagnostic tests <input type="checkbox"/> Practice quiz <input type="checkbox"/> Pop quizzes <input type="checkbox"/> Homework <input type="checkbox"/> Class notes <input type="checkbox"/> Peer feedback <input type="checkbox"/> Practice questions <input type="checkbox"/> Practice tests <p style="text-align: center;">Observation:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Class discussions <input type="checkbox"/> Peer feedback <p style="text-align: center;">Conversation:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Student teacher conferences <input type="checkbox"/> Small group discussions 	<p style="text-align: center;">Student product:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Learning logs <input type="checkbox"/> Self-assessment sheet <input type="checkbox"/> Homework <input type="checkbox"/> Self-analysis sheet <input type="checkbox"/> Peer-analysis sheet <p style="text-align: center;">Observation:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Whole class discussions <input type="checkbox"/> Group discussions <p style="text-align: center;">Conversation:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Student teacher conferences <input type="checkbox"/> Small group discussions <input type="checkbox"/> Pair work 	<p style="text-align: center;">Student product:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Assignments <input type="checkbox"/> Tests <input type="checkbox"/> Exam <input type="checkbox"/> Case studies <input type="checkbox"/> Business report <p style="text-align: center;">Observation:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Student-led discussion/debate <input type="checkbox"/> Presentation <input type="checkbox"/> Performance tasks <p style="text-align: center;">Conversation:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Student teacher conferences <input type="checkbox"/> Question and answer session
Lesson Tools Check all that apply (<i>Teacher may modify the list</i>)		
<p>Direct Instruction</p> <ul style="list-style-type: none"> <input type="checkbox"/> Structured overview <input type="checkbox"/> Lecture <input type="checkbox"/> Compare & contrast <input type="checkbox"/> Socratic method <input type="checkbox"/> Demonstrations 	<p>Indirect Instruction</p> <ul style="list-style-type: none"> <input type="checkbox"/> Problem solving <input type="checkbox"/> Case studies <input type="checkbox"/> Reading for meaning <input type="checkbox"/> Inquiry <input type="checkbox"/> Reflective discussion <input type="checkbox"/> Writing to inform <input type="checkbox"/> Concept formation <input type="checkbox"/> Concept mapping <input type="checkbox"/> Concept attainment 	<p style="text-align: center;">Instructional Skills</p> <ul style="list-style-type: none"> <input type="checkbox"/> Explaining <input type="checkbox"/> Demonstrating <input type="checkbox"/> Questioning
<p style="text-align: center;">Interactive Instruction</p> <ul style="list-style-type: none"> <input type="checkbox"/> PowerPoint <input type="checkbox"/> Video clip <input type="checkbox"/> Debates <input type="checkbox"/> Role playing <input type="checkbox"/> Brainstorming <input type="checkbox"/> Peer partner <input type="checkbox"/> Learning/analysis <input type="checkbox"/> Discussion <input type="checkbox"/> Laboratory groups <input type="checkbox"/> Cooperative learning <input type="checkbox"/> Groups <input type="checkbox"/> Jigsaw <input type="checkbox"/> Problem solving <input type="checkbox"/> Conferencing 	<p style="text-align: center;">Independent Study</p> <ul style="list-style-type: none"> <input type="checkbox"/> Essays <input type="checkbox"/> Computer assisted instruction <input type="checkbox"/> Journals <input type="checkbox"/> Learning logs <input type="checkbox"/> Reports <input type="checkbox"/> Learning activity packages <input type="checkbox"/> Correspondence lessons <input type="checkbox"/> Learning contracts <input type="checkbox"/> Homework <input type="checkbox"/> Research projects <input type="checkbox"/> Assigned questions <input type="checkbox"/> Learning centers 	<p style="text-align: center;">Experiential Learning</p> <ul style="list-style-type: none"> <input type="checkbox"/> Field trips <input type="checkbox"/> Conducting <input type="checkbox"/> Experiments <input type="checkbox"/> Simulations <input type="checkbox"/> Games <input type="checkbox"/> Story telling <input type="checkbox"/> Focused imaging <input type="checkbox"/> Field observations <input type="checkbox"/> Role-playing <input type="checkbox"/> Model building <input type="checkbox"/> Surveys <input type="checkbox"/> Case studies