

Illnesses and injuries

1 MINOR ILLNESSES AND CONDITIONS

a Match the sentences with the pictures.

She has / She's got...

- a cough /kɒf/
- a **headache** /'hedɪk/ (earache, stomachache, toothache, etc.)
- a **rash** /ræʃ/
- a **temperature** /'tempɪrətʃə/
- sunburn** /'sʌnbɜ:n/
- She's **sick** / She's **vomiting** /'vɒmɪtɪŋ/.
- She's **sneezing** /'sni:zɪŋ/.
- Her **ankle** is **swollen** /'swʊlən/.
- Her **back hurts** /hɜ:ts/ Her **back aches** /eɪks/.
- Her **finger** is **bleeding** /'blɪdɪŋ/.



b (1 29)) Listen and check.

c Match the illnesses and conditions with their symptoms or causes.

- 1 B He has a **sore throat** /sɔ: θrəʊt /.
 - 2 He has **diarrhea** /daɪə'ri:ə/.
 - 3 He **feels sick** /'fi:lz sɪk/.
 - 4 He's **fainted** /'feɪntəd/.
 - 5 He has a **blister** /'blɪstə/ on his foot.
 - 6 He has a **cold** /ə kəʊld/.
 - 7 He has the **flu** /flu/.
 - 8 He feels **dizzy** /'dɪzi/.
 - 9 He's **cut himself** /kʌt hɪm'self/.
- A He has a temperature and he aches all over.
 B It hurts when he talks or swallows food.
 C It's so hot in the room that he's lost consciousness.
 D He's been to the bathroom five times this morning.
 E He feels like he's going to vomit.
 F He's sneezing a lot and he has a cough.
 G He feels that everything is spinning around.
 H He's been walking in uncomfortable shoes.
 I He's bleeding.

d (1 30)) Listen and check.

2 INJURIES AND MORE SERIOUS CONDITIONS

a Match the injuries with their causes or symptoms.

- 1 C He's **unconscious** /ʌn'kɒnʃəs/.
 - 2 He's had an **allergic** reaction /ə'lɜ:dʒɪk/.
 - 3 He's **twisted** his ankle /'twɪstəd/ He's **sprained** his ankle /sprɛnd/.
 - 4 He has **high** (low) **blood pressure** /'blʌd 'prɛʃər/.
 - 5 He has **food poisoning** /'fud pɔɪzənɪŋ/.
 - 6 He's **choking** /tʃʊkɪŋ/.
 - 7 He's **burned** himself /bɜ:nd/.
- A He spilled some boiling water on himself.
 B He fell badly and now it's swollen.
 C He's breathing, but his eyes are closed and he can't hear or feel anything.
 D It's 180 over 140.
 E He ate some chicken that wasn't fully cooked.
 F He was eating a steak and a piece got stuck in his throat.
 G He was stung by a wasp and now he has a rash and has difficulty breathing.

Common treatments for...

| | |
|-----------------------------|---|
| a cut | minor: put Band-Aid™ and antibiotic ointment; major: get stitches |
| headaches | take painkillers |
| an infection | take antibiotics |
| a sprained ankle | put ice on it and bandage it |
| an allergic reaction | take antihistamine tablets or apply cream |

b (1 31)) Listen and check.

3 PHRASAL VERBS CONNECTED WITH ILLNESS

a Match the **bold** phrasal verbs to their meanings.

- Please **lie down** on the table. I'm going to examine you.
 I'd been standing for such a long time that I **passed out**, and when I **came around** I was lying on the floor.
 It usually takes a long time to **get over** the flu.
 A few minutes after drinking the liquid I had to run to the bathroom to **throw up**.
- 1 _____ faint
 - 2 _____ put your body in a horizontal position
 - 3 _____ vomit, be sick
 - 4 _____ get better / recover from something
 - 5 _____ become conscious again

b (1 32)) Listen and check.