



Assignment 1 - Personality Presentation

Content



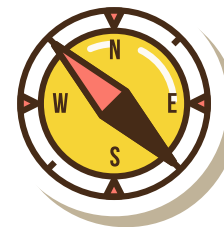
Part 1: My Personality



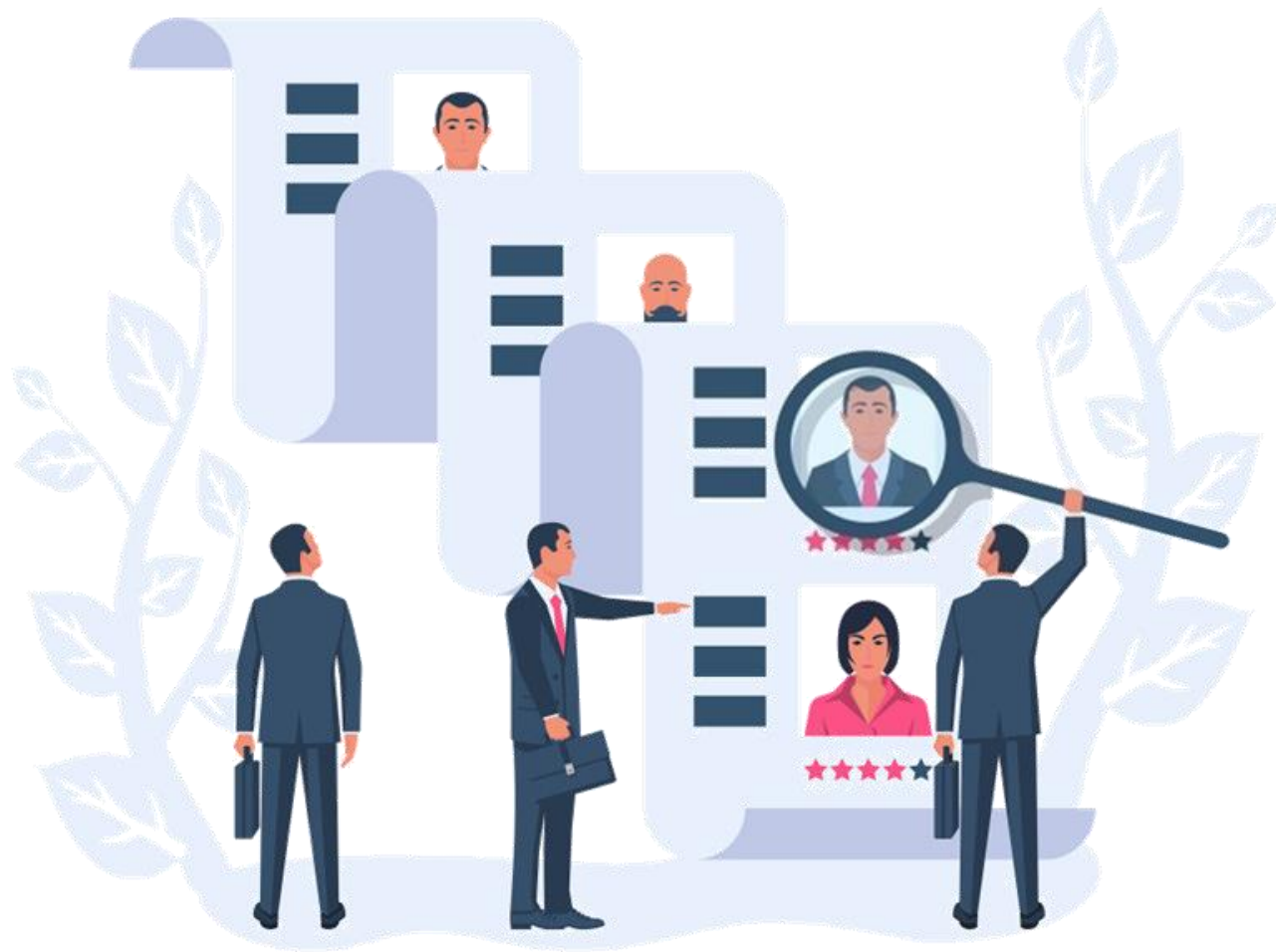
**Part 2: My Mother's
Personality**



**Part 3: Personality
Conflicts and Solutions**



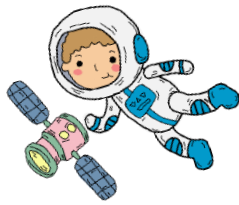
Part 4: Learnings



PART I: MY PERSONALITY



Part 1: My Personality



Disc - S-types

Strengthens

- Harmonious (S-types + Mediator)
- Authentic (Rebel)
- Supportive (Mediator)



Tendency - Rebel

Weaknesses

- Do things slowly (S-types)
- Motivation (Rebel)
- Too idealistic (Mediator)

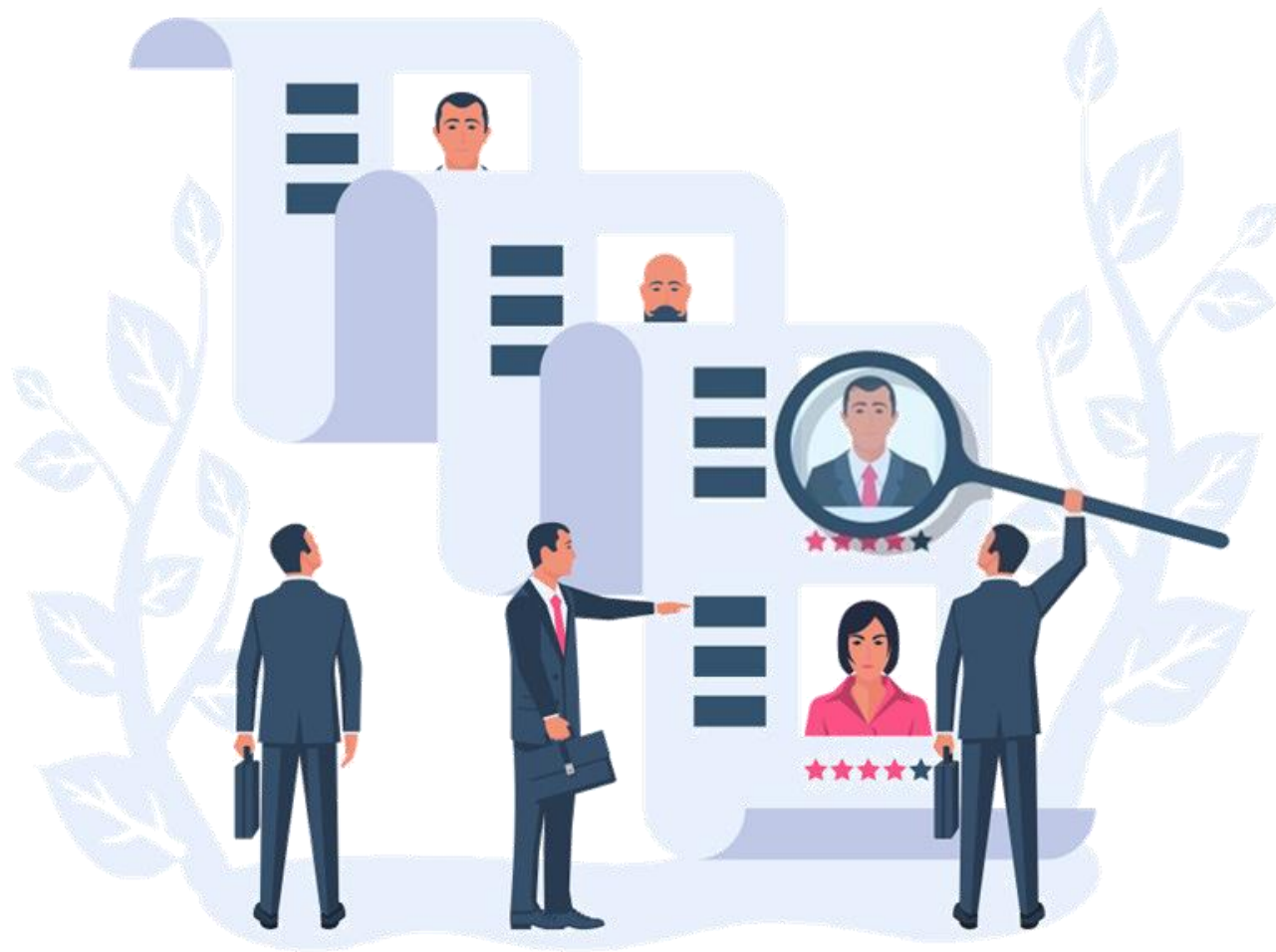


Myers-Briggs -
INFP-T/Mediator

Values

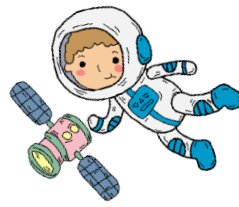
- Knowledge, Intuition, Honesty, Freedom, Harmony





PART 2: MY MOTHER'S PERSONALITY

Part 2: My Mother's Personality



Disc - C-types



Tendency - Obliger



Myers-Briggs -
ESFJ-A/Consul

Strengthens

- Careful (C-types + Consul)
- Harmonious (Obliger)
- Strong Practical Skills (Consul)

Weaknesses

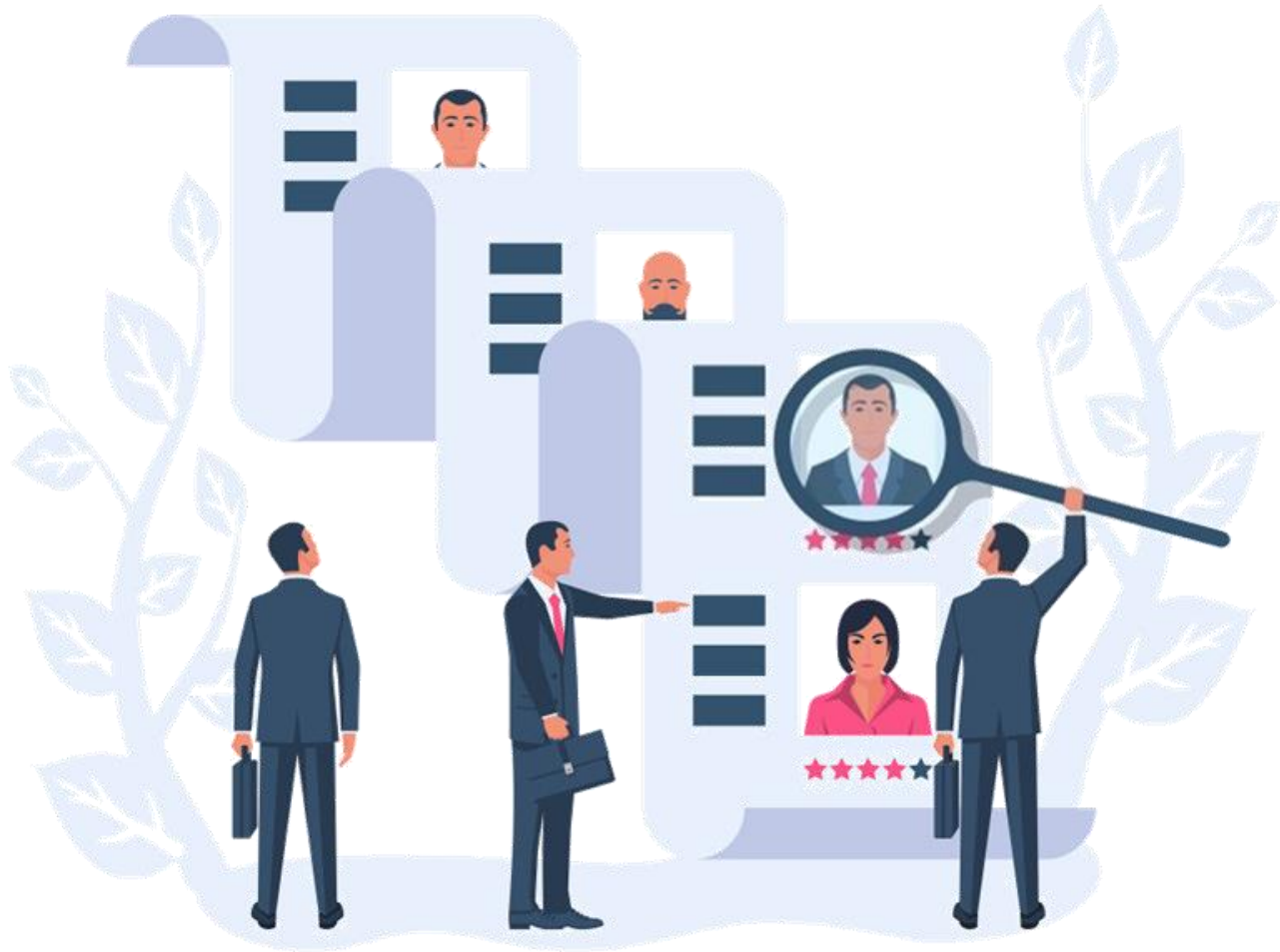
- Less communication (C-types)
- Frustrated (Obliger)
- Inflexible (Consul)

Values

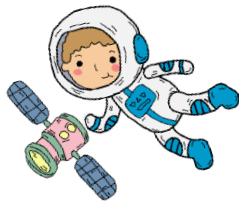
- Practicality, wisdom, kindness, carefulness, and planning ahead, harmony, details



PART 3: PERSONALITY CONFLICTS AND SOLUTIONS



Part 3: Personality Conflicts and Solutions



S-types vs. C-Type

- **Conflict:** She complains I forget details
- **Solution:** Have her make checklist for me



Rebel vs. Obliger

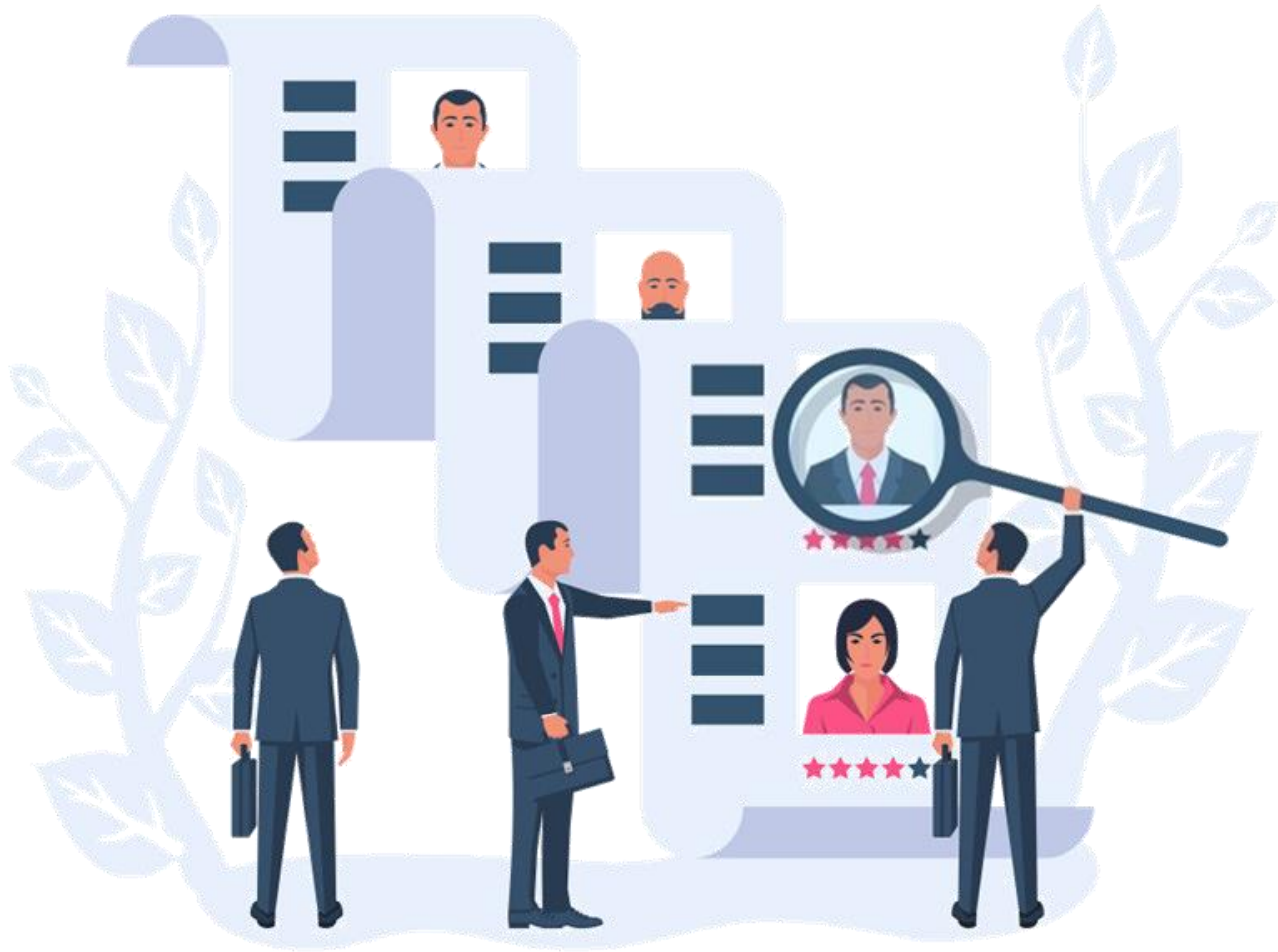
- **Conflict:** She expects me to just do things
- **Solution:** I can do things out of love for her



INFP-T/Mediator vs.
ESFJ-A/Counselor

- **Conflict:** I wanted to go to Sri Lanka for a trip with my friends. She said it's too dangerous.
- **Solution:** I can understand that she values being a responsible parent.





PART 4: LEARNINGS

What did I learn?



Personality Tests can help us understand ourselves and appreciate other people's strengths.



- Different personalities naturally have different strengths and weaknesses



- Four different types of tendencies accomplish their goals based on expectations coming from different directions



- Understanding myself
- Understanding others

**Thanks for
watching**

