

# Self-Assessment Checklist – Efficiency, Growth, and Sustainability Quiz

## Part A: Multiple Choice (Accuracy & Understanding)

- ☐ Level 4: I got all my answers correct and fully understand the key concepts.
- ☐ Level 3: I got most answers correct and understand the concepts well.
- ☐ Level 2: I got some answers correct but I'm still confused about some concepts.
- ☐ Level 1: I struggled with most answers and need more practice.

## Part B: True/False (Concept Clarity)

- ☐ Level 4: I correctly identified all the true and false statements.
- ☐ Level 3: I got most of them right and mostly understand the concepts.
- ☐ Level 2: I got some right, but I'm still confused about key ideas.
- ☐ Level 1: I had difficulty and need more help understanding.

## Part C: Short Answer (Critical Thinking & Explanation)

- ☐ Level 4: I explained my answers clearly, gave good examples, and connected ideas well.
- ☐ Level 3: I explained my answers with some detail and examples.
- ☐ Level 2: I gave short or unclear answers with few examples.
- ☐ Level 1: My answers were incomplete or showed misunderstanding.

## Self-Reflection

- ☐ Level 4: I can clearly say what I did well and what I need to improve. I can connect my learning to real-world issues.
- ☐ Level 3: I know my strengths and weaknesses and can explain them.
- ☐ Level 2: I can name one thing I did well or one thing to improve, but not both.
- ☐ Level 1: I didn't reflect much on my learning.

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### My Goal for Next Time:

*One thing I will do to improve my learning is...*