

# Three Traits of Effective Leaders

Based on Traditional Chinese  
Teachings and Practical Examples

# Introduction

- Leadership is about influencing others.
- Parents, teachers, managers, students, and partners are all leaders.
- Effective leadership is based on three core traits:

# Trait 1: Leading by Example

- People lose respect when leaders don't practice what they preach.
- Setting a good example inspires others more than words.
- 'First demand oneself before demanding others.'
- Gandhi story: Refused to advise on sugar until he stopped eating it himself. *Read the story from lesson article*

# Trait 2: Showing Genuine Care

- Know your followers' goals, feelings, and needs.
- Support and encourage them personally.
- Give small gifts, reduce stress, offer appreciation.
- Use logic and care, not force.
- Jing Kong's story: Manager corrected posture with care, not scolding. *Read the story from lesson article*

# Trait 3: Teaching and Coaching Patiently

- Some people don't follow simply because they lack the skills.
- A good leader teaches first, then delegates.
- Be patient and verify skill development.
- Partners should coach each other through new tasks.

# Effective Leaders Don't Complain

- 'Don't get upset at others for not knowing better.'
- Self-reflect before blaming followers.
- Adjust your example, relationship, and teaching.
- No blame – only responsibility and improvement.

# Final Reflection

- Who do you often need to influence?
- Which of the three traits do you need to improve?
- How can you better lead by example, show care, or coach others?