

HHS4U – Diagnostic Assessment

How to Find a Meaningful Purpose

Name: _____

Date: _____

SECTION A: KNOWLEDGE

True or False

Write **True** or **False**.

1. Purpose only means having a job you enjoy. _____
2. Helping others can create a stronger sense of purpose. _____
3. Fear and love are examples of motivations. _____
4. Personality can influence interests and goals. _____
5. People always know their purpose immediately. _____

SECTION B: THINKING ABOUT YOURSELF

Answer in 1–2 sentences.

1. What is something you enjoy doing?

2. What is one problem you enjoy helping people solve?

3. If you had unlimited money and time, what would you spend your time doing?

4. What is something you could talk about for a long time without getting bored?

5. What is something you are grateful for?

SECTION C: APPLYING IDEAS

Read each situation and answer the question.

1.

Maria loves drawing and spends hours creating art. She also enjoys making posters for school events.

What possible purpose could Maria have?

2.

David enjoys helping classmates understand difficult homework.

How could David use this interest to help others?

SECTION D: REFLECTION

There are no right or wrong answers.

Complete the sentence:

- 1. A meaningful life means...

- 2. I think purpose is important because...

- 3. One thing I want to learn during this unit is...

ANSWER KEY

HHS4U – Diagnostic Assessment: How to Find a Meaningful Purpose

Note: Since this is diagnostic, many answers can vary. These are sample responses.

SECTION A: PRIOR KNOWLEDGE

True or False

1. Purpose only means having a job you enjoy. → **False**
 2. Helping others can create a stronger sense of purpose. → **True**
 3. Fear and love are examples of motivations. → **True**
 4. Personality can influence interests and goals. → **True**
 5. People always know their purpose immediately. → **False**
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SECTION B: THINKING ABOUT YOURSELF

(Sample answers – student answers will vary)

1. What is something you enjoy doing?

Sample:

I enjoy drawing and creating art.

2. What is one problem you enjoy helping people solve?

Sample:

I enjoy helping people understand school work.

3. If you had unlimited money and time, what would you spend your time doing?

Sample:

I would travel, create videos, and help people learn new things.

4. What is something you could talk about for a long time without getting bored?

Sample:

Sports, music, gaming, or art.

5. What is something you are grateful for?

Sample:

My family, teachers, friends, or opportunities to learn.

SECTION C: APPLYING IDEAS

1. Maria loves drawing and spends hours creating art.

Possible purpose:

Maria may have a purpose of creating art that helps others or makes people happy.

2. David enjoys helping classmates understand difficult homework.

Possible answer:

David could become a tutor, teacher, mentor, or create study resources to help others.

SECTION D: REFLECTION

(Examples only — many answers are acceptable)

1. A meaningful life means...

Sample:

A meaningful life means doing things that make you happy while helping others.

2. I think purpose is important because...

Sample:

Purpose gives people motivation and helps them feel happier.

3. One thing I want to learn during this unit is...

Sample:

I want to learn how to discover my own purpose.

Teacher Note