

# Reflection Activity – Relationships, Culture, and Adulthood

## Part 1 – Movie Clip Discussion

**Movie Title:**

**The Perfect Wedding**

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### Short Movie Summary

Emily is a 22-year-old university student whose family wants her to marry someone from their cultural community. Her parents believe marriage should happen before she becomes “too independent.” Emily, however, wants to finish university, build a career, and make her own decisions about relationships.

As the wedding day approaches, Emily feels stressed and confused. She begins questioning whether she is following her own dreams or simply trying to satisfy family expectations. After an argument with her parents, Emily leaves the wedding and spends time reflecting on her future and identity.

Eventually, Emily speaks honestly with her family about her goals and explains that adulthood means responsibility, independence, and personal choice for her.

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# Discussion Questions

1. What conflict did Emily experience in the movie?
  2. How did culture influence Emily's decisions?
  3. What expectations did Emily's family have?
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4. Which theory best explains Emily's experience?
    - Sociocultural Theory
    - Feminist Theory
    - Humanist Theory
    - Conflict Theory
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5. How is Emily's idea of adulthood different from her parents' idea?
  6. Do you think family expectations influence adulthood today? Why or why not?
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7. If you were Emily, what would you do?
  8. How can families balance tradition and independence?
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# Teacher Answer Guide

**1.**

Emily experienced conflict between family expectations and personal independence.

**2.**

Her culture emphasized traditional marriage expectations and family approval.

**3.**

Her family expected her to marry early and prioritize family traditions.

**4.**

Possible answers:

- Sociocultural Theory → culture influences development and identity
- Feminist Theory → gender expectations and control
- Humanist Theory → personal growth and self-identity
- Conflict Theory → power struggles between family and individual

**5.**

Emily viewed adulthood as independence and career development, while her parents viewed adulthood as marriage and family responsibility.

**6.**

Answers will vary.

Possible examples:

- family pressure
- education expectations
- cultural traditions
- financial responsibility

**7–8.**

Student opinions supported with examples and reasoning.

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