

**Helping Questions**

1. What are your strongest attributes? List three to five.

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2. What am I passionate about?

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3. What motivates me?

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4. What are my personal values?

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5. Where do I see myself in 5 years?

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6. What is important to me?

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7. How would I like to see the world?

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8. What contribution would I like to make?

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